



4E Project NEWSLETTER No. 3

4E Transnational Partner Meeting in Vilnius

The 2nd face-to-face meeting of Erasmus+ project "4E" partners was held in Vilnius, Lithuania! The meeting was actively attended by partners from Sweden, the Czech Republic, Greece, Italy, Spain, Hungary, and Lithuania.

During the meeting, we:

- discussed the process of dissemination of the project's educational material to help older people (50+) to develop soft skills for the labor market;
- reviewed the effectiveness and potential of publicity channels;
- planned the next steps of the project.



Multiplier Events in Hungary and Lithuania

We're excited to share with you the moments from 2 Multiplier events, organized in project's partner countries - Hungary and Lithuania.

Conference "Increasing Employment Opportunities for Older People" in Lithuania

The multiplier event in Lithuania took place on 26th August, the conference was called "Increasing Employment Opportunities for Older People". During the conference, challenges faced by older workers and potential solutions were discussed.

As it was presented during the conference, according to the 4E project's qualitative research, employers and employees claim that the strongest qualities of 50+ employees are professional experience and a sense of responsibility, motivation to work and feel needed, the pursuit of continuity and quality, sense of community, working



skills, business knowledge and self-awareness. The main weaknesses of older workers are the following: poor computer skills, poor foreign language skills, lack of mobility, lack of initiative, fear of change, psychological insecurity, and health problems.

In addition, speakers presented various projects aimed at the elderly, and their results, including many opportunities and learning possibilities in order to improve soft skills.

By the end of the conference, all participants received the printed Teacher's book version.

The main highlights and observations of all the speakers were described and presented in an article, published by one of the most popular news portals in Lithuania, *lrytas.lt*.

Article about the Conference (Lithuanian language)

The Co-creativity Workshop in Hungary

A scenic, warm summer day greeted the participants of the Co-creativity Workshop & Multiplier event organized in Hungary, within the framework of the 4E project, in cooperation with the Future of Europe Association, providing an open-air venue to ensure the safety of our staff and participants. The workshop aimed at thoroughly introducing the 4E project, and to demonstrate the valuable set of skills within the participants through guided activities and creative hands-on sessions.

Amongst our audience, core members of an active group of 50+ citizens were present, with various backgrounds



and professions, such as agriculture, HR, education, engineering and so much more. After we have settled around the majestic chestnut tree stationed in the middle of the venue's courtyard, Trebag's managing director welcomed the participants and introduced the agenda of the day, as well as

informing them about the measurements taken into consideration regarding the COVID-19 regulations.

The workshop consisted of three major activities, one being a presentation focusing on reversed mentorship in the workplace, detailing and explaining the importance of shared responsibilities of both young and older workers, the introduction and the main objectives of the 4E project, with a guided discovery about



the hidden qualities of creativity through every-day situations and engaging situational demonstrations to the participants, and a series of activities focusing on the realization and the practice of both soft and hard skills, where our participants worked in groups, creating magnificent constructs, and even had an opportunity to assess the work of one another, and the event in general.

The multiplier event concluded with a light summertime lunch, where the participants mingled with our colleagues and presenters, creating a warm atmosphere, which was something that most participants greatly appreciated after a long time of restrictions.

Upcoming Multiplier events in November

Until the end of November, the 4E project's multiplier events are being organized in the Czech Republic, Greece, Italy and Sweden.

For more information about the upcoming events, please visit the project's official website or Facebook page and contact the relevant partner organization.

[Official 4E project website](#)

[4E project Facebook page](#)

If you have any questions regarding the project, please contact us!

Sincerely

4E project team

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